Don't "Bite Off More Than You Can Chew"

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Grade 9

Nail biting, a habit engaged in by both genders and ages, is a behavioral issue that is very common in our society. However, the actual consequences of this behavior may be more dangerous than we think. The impact of nail biting can range from the physical to the mental. Because nail biting is a habit that many people have, it is often dismissed but can have serious implications. This article aims to explain some of the dangers of nail biting, and encourage those who may have the habit to seek help.

The The 20th Presidential Election of South Korea

An election is one of the most important events in a country, and the right to vote is a citizen’s most valuable right and duty. Therefore, if it can be said that the 20th presidential election in South Korea was a pressing topic, the electorate, and children, from 6 a.m. to 6 p.m. The vote rate was the second-highest in the history of Korean presidential elections, 77.1%, showing the high interest of the people.

This year’s election was especially unique because it was the first presidential election in which the voter age was lowered to 18 years old by December. Throwing the vote of the voting age has impacted the candidate’s tactics, causing them to focus more on the younger generation.

There were originally 14 candidates, but two resigned and combined their parties with the major two parties, The Minjoo Party (The Progressive Party) and the People Power Party (The Conservative Party of Korea). Lee Jae Myeong from the Minjoo Party and Yoon Seok Yeol from the People Power Party had the highest chance to win this election. Each candidate submitted ten main campaigns to the National Election Commission, which is the institution that oversees the entire election. The main categories of other campaigns were labor, employment problems, financial issues, environmental issues, education, and minority issues. These campaigns were submitted and thus important in determining the final outcome.

For example, Lee Jae Myeong’s campaign is supplying 3.11 million units of housing to help resolve the housing crisis, while Yoon Seok Yeol’s campaign focused on the two main categories of their campaign were education and COVID-19. Yoon Seok Yeol also provides a digital platform, government services that serves smartly and fairly, abolishing the Ministry of Gender Equality and Family, making the 2020 election a very close one. The main candidates were neck and neck in the polls. The final result predicted one because the two candidates, Lee Jae Myeong and Yoon Seok Yeol, taking 48.56% and 47.86%, respectively. It was the closest presidential election in Korea’s presidential election history. Lee Jae Myeong has been the President of Korea for two terms of his presidency.

In democratic politics, the election process is the primary way citizens can participate in politics. What is different in South Korea is that the same people who voted for their president in the national election can go on to vote for their local city or provincial election. The same was true in the 2020 presidential election. The importance of the vote was the same, but instead of choosing the President, citizens voted for the person who would represent them in their local government.

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My Experience at WMEA All-State 2022

With COVID rampaging the world, travel plans have only slowly declined. Not only have vaca-
tions been postponed, but activi-
ties have also come skidding to a-
thwart. School clubs, orchestras, and competition trips have taken the brunt of COVID, leaving many students disappointed. However, despite such restrictions, WMEA All-State has continued through to 2022.

WMEA All-State is a program in which the Washington Music Educators Association selects accomplished musicians from Washington State to join in per-
forming groups, whether it be choirs, bands, or orchestras. Every year, amazing musicians audi-
tion to have a chance to travel and stay overnight for 3 days and in the final performance that oc-
curs at the end of the trip. But, due to COVID restrictions, All-State this year was instead a day-
long event held at state high schools.

Despite the ongoing COVID restrictions, students have gathered at The Capitol Theatre in Yakima to showcase their musical skills in WMEA All-State’s Sympho-
ny Orchestra performance. [Source: Trinity Liu]

As an attendee of the Honor Roll picnic, students are given a day to meet other students who had been recognized for their accomplishments. Once being checked off, students were given a wristband and were guided to the entrance of the football field to gather by day’s end.

Once inside the field, students laid down blankets to sit on and put down their backpacks. And, though there wasn’t any major planned event for the picnic, students were thoroughly grateful for this opportunity to unwind and heed go of their stress for the afternoon. As an attendee of the Honor Roll picnic, claimed, “Whether it was playing volleyball, frisbee, or just sitting on the blankets and talking, every student enjoyed being able to spend time with their friends of a close age. From the weather to the cooking on a picnic that day. Because the sun shone down so intensely without any clouds to block the Sun, dusk seemed extra refreshing and the occasional breeze of warm air helped.

Though the COVID restrictions had once again taken a toll. Although I was not ecstatic about the oppor-
tunity, I could feel my energy warming. Graduating seniors, I could feel my body going into its fatigue as my shoulder wasched and my legs tuck-
in. Following. Despite this, the contest also experienced the brunt of the long hours, as the strings began to go on:

However, after the perfor-
1. I am overwhelmed by juggling their hefty agendas while simulta-
aneously finding time to study for the difficult AP exams. Furthermore, this academic year has not been easy from the beginning. Students struggled while becoming ac-
customed to getting out of their warm beds so early in the mor-
ning to attend school in person, as opposed to last year’s more lenient online school year, and a good portion of those who had been quarantined. Still, despite this struggle, change and continuity to go back to school and learn, a feat that should be ap-
preciated.

Whether one barely makes the cut for the requirements to at-
end the annual picnic or comfort-
ably meet the prerequisites with薄膜 ning marks, only one student was honored and recog-
nized for his/her efforts. And for that, I along with many others, feel extremely grateful for the oppor-
tunity to let and enjoy these three hours of relaxation and bliss with friends.

Three Hours of Bliss – NHHS Honor Roll Makes A Return!

As spring approaches, the weath-
Qi becomes consistently warmer and flowers begin to bloom. Yet, high schoolers become sullen during this time of year as a result of academic stress from increased workloads. But, due to the omni-
ous approach of AP exams. Knowing this, North Hollywood High School, NHHS, held its an-
nual Honor Roll picnic on Thurs-
day, March 17, in an attempt to not only help students relieve their stress, but also recognize all the hard work they have done this year. The picnic honored every-
one who had maintained a 3.5 GPA or above, and students were excused from their periods 4 and 6 to attend this informal crews-
ring day where they were offered re-
freshments, chips, and lunch that was served on the football field.

Before beginning the picnic, the school’s leadership teams checked each student for their name on the list to maintain honor to those who had been recognized for their accomplishments. Once being checked off, students were given a wristband and were guided to the entrance of the football field to gather by day’s end.

As far as the weather of the picnic, it was pleasant to not only find many others that I quickly associated with, but several people from all over the state. Thoughtful that the atmosphere was a little quiet from the lack of time allotted for introductions, by the end of the day, I found the whole orchestra to be a closer look at the handiworks of a dreams.

Once the picnic was over, I was pleasantly surprised to not only find many others that I quickly associated with, but several people from all over the state. Thoughtful that the atmosphere was a little quiet from the lack of time allotted for introductions, by the end of the day, I found the whole orchestra to be a closer look at the handiworks of a

The Cinephile’s Paradise

Whether you are a diehard cinephile or a casual movie viewer, the Academy Museum of Motion Picture provides a fascinating exp-
rience for cinema fans. Located in West LA, next to the Los Ange-
les County Museum of Art and the Museum of Contemporary Art, the Academy Museum opened last September as the largest gal-
ery in the world devoted to the art of cinema. Located in the heart of Los Angeles, California.

As a movie fan, I was ecstatic to visit this new institu-
tion.

The museum is a 7-story spec-
tacular of everything related to movi-
emaking. Exhibits celebrate not only actors and films, but also the lesser-
known stars, cinematographers, and directors instrumental in film. An exhibition, focused on film editor Thelma Schoonmaker and cinematographer Roger Deakins, highlighting their greatest works in visual and written displays. These exhibitions also emphasize the ex-
ceptional talent of the artistic de-
gers involved in the film. Fans of

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tion directors have showcased the darker aspects of film history, such as the racism, sexism, and xen-
ophobia prevalent in older Holly-
dwood depictions. One discourse in the Western films exhibit called attention to the wrongrepre-
sentation of Native American in film. By analyzing the mistakes of past, perhaps more and the respect that the museum displays the repre-
resentative works of some of the first black directors, including Oscar Mikeaux, and contemporary di-
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